

Daily Nature Play for Kids

June 2020



Hi! My name is Reddy Red-tail and I can't wait to spend the summer exploring with you!

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 WRITE Dip a stick in water and paint letters on the sidewalk.	2 DISCOVER Listen to birds in the morning and evening. When do they sing the loudest?	3 CREATE Draw a face on paper but use real leaves and twigs for hair.	4 PLAY Collect sticks and stones to play tic-tac-toe.	5 SING Sing "Old MacDonald had a farm" like he had woods too! What sounds do birds, frogs and squirrels make?	6 FIND Look for things that are smooth, then look for things that are bumpy.
7 WRITE Gather rocks and paint a letter on each one. Can you spell a word?	8 DISCOVER Watch a sunrise and sunset. Where is the sun at each time?	9 CREATE Make something that flies.	10 PLAY Play follow the leader as if you were a rabbit.	11 SING Listen outside for sounds. Can you make the same sounds?	12 FIND Look for things that are tiny, then look for things that are huge.	13 WRITE Take a walk and point at things that start with A, B, C... to Z.
14 DISCOVER Smell a flower, grass, mud and a tree. Do they smell the same?	15 CREATE Make a crown from flowers, grass and twigs.	16 PLAY Build a fort.	17 SING Sing "Twinkle, Twinkle Little Star" under the moon.	18 FIND Look for things that are soft, then look for things that are prickly.	19 WRITE Write your name out of leaves and sticks. Can you make each letter from different leaves?	20 DISCOVER Find the coolest spot in your yard. Where is it?
21 CREATE Plant a seed.	22 PLAY Balance on a log or create a line of sticks to pretend it is a fallen tree.	23 SING Find sticks of all sizes and play the drums on things in a yard or park.	24 FIND Look for things that are bendy, then look for things that snap.	25 WRITE Write what your life would be like if you were your favorite animal.	26 DISCOVER Look at the clouds. What are some shapes you see?	27 CREATE Draw a picture of your favorite animal. Where does it live?
28 PLAY Play "I Spy" using only plants and animals you see in a park or garden.	29 SING Look for a spider web and sing "Itsy Bitsy Spider."	30 FIND Look for things that are squishy, then look for things that are hard.				



RED-TAIL
Land Conservancy

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It's time to play,
every day,
under the sky,
I'll see you outside!

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
5 RHYME How many words can you rhyme with "tree"?		6 COUNT Stack rocks and see how many you can add before the tower falls. Try different size rocks!		7 CREATE Draw a map of your backyard or favorite park. Can you mark where sounds are too?		1 CREATE Gather a handful of soil and add water. How big of a shape can you make?		2 PLAY Play freeze tag, but run like an animal.		3 SING Put rocks or seeds in a cup and shake it to your favorite song.		4 EXPLORE Roll over a log. What do you see?	
12 COUNT Find two different flowers and count their petals.		13 CREATE Build something that floats.		14 PLAY On a sunny day, use your hands to make shadow puppets.		8 PLAY Lie on a blanket and read a book.		9 SING Make up a song about two animals. What happens if another animal joins them?		10 EXPLORE Go for a walk and see if you can spot every color of the rainbow.		11 RHYME How many words can you rhyme with "frog"?	
19 CREATE Make something using 5 different things you see outside. Try adding 5 more!		20 PLAY Draw on the sidewalk with chalk.		21 SING Sing your favorite song as if you were a bee, then sing as if you were a bear.		15 SING Sing "Row, Row, Row Your Boat" on an imaginary boat.		16 EXPLORE Look for signs of animals like feathers, tracks, a nest, or hole.		17 RHYME How many words can you rhyme with "bug"?		18 COUNT Count how many trees you see on your street.	
26 PLAY Roll down a hill.		27 SING Pretend to be your own echo.		28 EXPLORE Take a flashlight outside at night and watch the bugs that fly by.		22 EXPLORE Find a bird's nest and watch to see who visits it.		23 RHYME How many words can you rhyme with "snake"?		24 COUNT How many times can you hop like a frog?		25 CREATE Use crayons and paper to make rubbings of tree bark and leaves.	
						29 RHYME How many words can you rhyme with "star"?		30 COUNT Sit down outside. How many colors can you see?		31 CREATE Find a big leaf and draw a face on it. Can you create a family of leaves?			

