Protect the Trail Experience We All Love with the 7 Principles of

**Leave No Trace**

1. **Plan Ahead and Prepare**
   
   Plan where you are going and pack everything you need to be healthy and safe. Bring a trail map too!

2. **Travel on Durable Surfaces**
   
   Protect sensitive plants and help stop erosion by only traveling on existing trails.

3. **Dispose of Waste Properly**
   
   Pack out everything you bring into nature, including dog poop!

4. **Leave What You Find**
   
   Take nothing but photos. Removing items from nature means plants and wildlife are no longer able to use them.

5. **Minimize Campfire Impacts**
   
   Only build campfires where you are sure they are allowed.

6. **Respect Wildlife**
   
   Do not feed wildlife and always observe at a distance. You’re a guest in their home!

7. **Be Considerate to Other Visitors**
   
   Other people like peaceful visits to nature too. Keep music off, speak softly, and yield the trail to faster visitors.

Begin your exploration at a Red-tail Land Conservancy nature preserve near you! Visit www.ForTheLand.org